









## Our food waste

Explore the basic food garbage that your family generates per week:

Basic food material	Number of items found in rubbish bin
 <b>Bread and pasta</b>	
 <b>Meat products</b>	
 <b>Vegetables and fruits</b>	
 <b>Milk products</b>	
 <b>Fish</b>	
 <b>Soft drinks</b>	
<b>Others</b>	

1. Insert the results from your research in the table above.
2. What is the weight of the garbage made in one week/month?
3. Using the answer given in Question 2, calculate how much rubbish is made by your family a year?
4. Discuss are there any ways to either reduce the food waste generation or/and organize better management of some of the food products (to buy as much as needed, offer the excess food to centers for homeless people, others).
5. Propose to your parents a wise new scheme for food waste management